



**THE THERAPEUTIC TOUCH NETWORK OF ONTARIO
SUPERVISED THERAPEUTIC TOUCH® SESSION: SUPERVISOR TEMPLATE**

I am supervising Case Study # _____

Please ensure that the practitioner's case study # is the same as the number you use here.

Supervisor Assesses	What to Look For	Please Comment on the Session
Introduction	<ul style="list-style-type: none"> - introduced self to client, if applicable - brief explanation of Therapeutic Touch - requested permission to touch client - client in control – aware of their right to stop the session at any time 	
C ENTERING	<ul style="list-style-type: none"> - took time to centre before beginning assessment - re-centered as needed during session 	
A SSESSMENT / Scanning	<ul style="list-style-type: none"> - assessed whole field from head-to toe; in downward motion - evidence of comparing left and right - gentle constant flow of movement 	
R EBALANCING		
Clearing/ Unruffling	<ul style="list-style-type: none"> - hand movements rhythmic and smooth - accepted speed and distance from the body - hands move downward or midline out, front and back - flow of movement down and/or out to sides, beyond the edge of the field 	
Modulation & Direction of Energy	<ul style="list-style-type: none"> - demonstrates evidence of rebalancing - hands moving in a downward and/or outward motion - evidence of using the hands to direct energy into the field - monitored for energy overload in client 	
Grounding	<ul style="list-style-type: none"> - sufficient grounding given at some time during session (may be any or all of feet, hands, shoulders, knees) - demonstrates prompt response to evidence of energy overload 	
Reassessment	<ul style="list-style-type: none"> - evidence of reassessment done during the rebalancing phase - final reassessment done 	

Supervisor Assesses	What to Look For	Please Comment on the Session
<u>E</u>NDING	<ul style="list-style-type: none"> - evidence that client knew the session was finished - gently detached from the healing process - if applicable, assisted client to move to a place set aside for rest - undisturbed rest for up to 20 minutes stayed near the client - ensured that client was comfortable 	
<u>R</u>EFLECTION	<ul style="list-style-type: none"> - has commented on something that was 'new'/unusual for them - an indication of what was learned or different in the session - insights, of 'ahas' and or of an 'oops' - what might be done differently, or the same another time - an indication of an awareness of the inner self 	
Client Interaction	<ul style="list-style-type: none"> - provided a safe, nurturing environment - evidence of attentive, respectful attitude - displayed sensitivity to the client's response - included touch, only if permission was given - open to feedback from the client - encouraged time for questions at start of session - allowed time for questions after rest 	
Documentation Review and Post-Session Discussion	<ul style="list-style-type: none"> - full documentation is completed at the time of the session - documentation has continuity and is clear, legible, and complete. - documentation is written in ink - practitioner can explain their intention, process, and rationale - rebalancing section explains how the practitioner worked with the cues noted - symbol legend and labels are clear - can explain the cues noted and what they did about them - practitioner can identify new learning, areas for further growth and/or further reflection 	

Please feel free to use an additional page to make further comments on any/all of the sections.

GENERAL COMMENTS:

I have read and discussed the completed Case Study:

Supervisor Signature

Supervisor Name (printed)

I am an RP RT

I have read the supervisor's notes

Workbook Practitioner Signature

Date(yr/m/d)